



सेहत भी, स्वाद भी



(Atta)

(5kg, 10kg)



(Maida)

(250g, 500g)



(Makki Atta)

(1kg, 10kg, 35kg)



(Sooji)

(100g, 200g, 500g)



(Poha)

(70g, 350g, 500g)



(Daliya)

(100g, 200g, 500g)

Besan



(Besan)

(55gm, 200gm, 500gm, 1kg)



(Powder Besan)

(35kg)



(Mota Besan)

(35kg)



(Bareek Besan)

(35kg)

Italian



(Macaroni)

(Rs.10, 20 and 450g)



(Vermicelli)

(Rs. 10, 20 and 500g)



(Roasted Seviyan)

(Rs.10)



(Penne Pasta)

(Rs.10, 20 and 450g)



(Pasta, Fusli)

(Rs.10, 20 and 450g)

Rice



**Divine Premium
(Basmati Rice)**

(35kg)



**Harabhara Premium
(Basmati Rice)**

(26kg)



**Jasmine Premium
(Basmati Rice)**

(30kg)



(Basmati Classic Rice)

(30kg)



(Basmati Moti Rice)

(30kg)



(Basmati Kheer Rice)

(30kg)



(Basmati Table Gold Rice)

(30kg)



(Basmati Mini Soft Rice)

(30kg)



(Basmati Golden Sella Dubar)

(30kg)



(Basmati Maharaja Rice)

(30kg)

Sabut Masale



(50gm, 100gm, 250gm, 500gm)

Spices



Turmeric Powder



Red Chilli Powder



Coriander Powder



Garam Masala Powder

(100g, 200g, 500g)

Pulses



(Chana Daal)



(Moong Sabut Daal)



(Rongi)



(Urad Chilka)



(Mix Daal)



(Urad Sabut)



(Sabut Massor Daal)



(Malka Daal)



(Masari Daal)



(Urad Dhuli Daal)



(Black Chana)



(Rajma Jammu)



(White Chana)



(Moong Chilka)



(Soyaben Daal)



(Rajma Chitra)



(Arhar Daal)

(250gm, 500gm, 1kg)

Pickle



Green Chilli Pickle



Mixed Pickle



Lime Pickle



Mango Pickle



Sweet Lime Pickle



Garlic Pickle



Green Chilli Pickle (Silver)



Mixed Pickle (Silver)
(Quantity : 400g , 950g, 4.25kg)

(400g , 950g)



(Tomato Sauce)



Green Chilli
(Sauce)



Red Chilli
(Sauce)



(Soya Sauce)



(Vinegar)

(Sauces)

Murabba



**Carrot
Murabba**



**Apple
Murabba**



**Amla
Murabba**

(1kg)

Papad



**Special Punjabi
Mixed Papad**



**Moong Dal
Papad**



**Punjabi
Papad**

(200g)

Dry Fruits



(Almonds)



(Cashews)



Raisins, (Kishmish)

(250g)



Moongphali Dana
(Peanuts)



(Pumpkin Seeds)



(Chia Seeds)



(Sabudana)

(100g, 250g)

Protein Rich



(Soya Nutri Chunks)



(Soya Granuals)



(Soya Mini Chunks)

(Rs. 10, and 200g)



(Moong Dal Wadiyan)

(200g)



(Amritsari Wadiyan)

(250g)

Other Products



(Chana Sattu)

(200g, 450g)



(Roasted Chana)

(Rs. 10, 20 and 200g)



(Sugar Boora)

(1kg)



(Mustard Oil)

(200ml, 500ml, 1ltr, 2ltr, 5ltr.)

Our Upcoming Product



Garam Masala



Aamchur Powder



Kitchen King



Shabi Paneer Masala



Chaat Masala



Meat Masala



Rajma Masala



Kashmiri Lal



Chicken Masala



Chana Masala
(100 gm)



Kasuri Methi
(25gm)



Our Upcoming Product



(Mix Fruit Jam)
(500g)



(Rusk)
(Rs.10, 20)



(Roasted Seviyan)
(Rs.20)



(Iodized Salt)
(1kg)

At **Health Mark** we understand the importance of pure and high-quality food product in your daily lives. That's why we take great pride in sourcing only the finest ingredients for our range of flour, pulses and more. From farm to table, our commitment to quality ensures that every product meets stringent standards for purity and excellence. With us, you can trust that you're getting the very best for you and your family. Thank you for choosing **Health Mark** for your culinary needs. We look forward to serving you with the utmost satisfaction.



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